



# B.C. Mountaineering Club Newsletter



**January 2008. Vol. 86, No. 1**

**Skiiing in winter in upper Lost Valley  
Ck., Cayoosh Range.**

## **EVENING SOCIAL MEETINGS**

Evening socials are usually held in the ANZA club, upstairs room (corner of 8th Ave. and Ontario, Vancouver) starting at 7:30 p.m. Cookies, tea, and coffee are provided.

**Tuesday, 8 January** - Entertainment will be a show on trekking 4 sides of Everest, by Michael Bromfield. There will also be an avalanche awareness refresher, given by Brian Jones, of Canada West Mountain School.

Tuesday, 12 February - Entertainment will be a show by Ravil Chamgoulov, who continues on his quest to climb solo the highest peaks on the world's continents. This show features the latest 2 he has knocked off - Mts. Kilimanjaro and Kosciusko.



**On the northern side of Everest. Photo -  
E. Feller.**

## HONORARY PRESIDENTS

Esther and Martin Kafer

## EXECUTIVE COMMITTEE AND CLUB OFFICERS

<b>PRESIDENT -</b>	TODD PONZINI	604-408-9617
<b>PAST-PRESIDENT -</b>	DAVID HUGHES	604-980-6484
<b>VICE-PRESIDENT -</b>	DAVID SCANLON	604-572-5051
<b>SECRETARY -</b>	ALICE PURDEY	604-293-2951
	JANE WELLER	604-988-3618
<b>TREASURER -</b>	CRAIG KALNIN	604-787-5396
<b>MEMBERSHIP/MAILING -</b>		
	DERRICK JOHNSTONE	604-505-6250
<b>SOCIALS -</b>	DONNA SCANLON	604-572-5051
	ROBERT WOODHOUSE	604-730-0371
<b>CLIMBING -</b>	EMANUELE PORRA	604-533-7723
	ROBERT WOODHOUSE	604-730-0371
<b>CABIN/TRAILS -</b>	DAVID SCANLON	604-572-5051
	PETER WOODSWORTH	604-254-7076
<b>CONSERVATION -</b>	MONIKA BITTEL	604-983-3097
<b>SUMMER CAMP -</b>	we need someone	
<b>FMCBC REP -</b>	BRIAN WOOD	604-222-1541
<b>WEBMASTER -</b>	KEVIN SWANSON	604-943-4364
<b>EDITOR -</b>	MICHAEL FELLER	604-270-4050
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<b>SAFETY EQUIPMENT -</b>	KIT GRIFFIN	604-736-8462
<b>LIBRARY -</b>	JOAN FORD	604-876-4255

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**INTERNET SITE: [www.bcmc.ca](http://www.bcmc.ca)**

## CLUB EQUIPMENT FOR HIRE

**Avalanche transceivers** - First day - \$5 per day for members, \$7 for non-members then \$3 per subsequent day .

**Snow shovels** - \$3 per day.

**Avalanche probes** - \$3 per day.

**VHF radios** - \$8 per day, \$40 per week

**Satellite phone** - \$60 per week or \$10 per day plus \$300 refundable deposit, all payable in advance, then \$2 per minute use.

If the phone is returned damaged, the renter will be responsible for repair costs. If the phone is lost or damaged beyond repair, the renter will be responsible for reimbursing the club the \$2000 cost of the phone. Trip organizers should request a deposit from trip participants to cover this cost.

First priority for equipment rental is club camps and trips.

Equipment is rented from Kit Griffin at 604-736-8462, who should be contacted at least 2 days prior to the day the equipment is wanted, except for the satellite phone, which should be arranged at least 2 weeks prior to the day it is wanted.

The **BC MOUNTAINEERING CLUB NEWSLETTER** is an official publication of the B.C. Mountaineering Club and is published 10 times per year (every month except July and September). All material within this newsletter is copyright © British Columbia Mountaineering Club.

**Submissions** - of any written, drawn, or photographic material relevant to the B.C. Mountaineering Club are welcome. If possible, submissions should be sent to the editor by email or on a diskette. Please note that images should be at least 60 pixels/cm (150 pixels/inch) for successful printing. Images with a lesser resolution will probably not be printed. Deadline for submissions is the first Tuesday of the month preceding the publication month.

Send submissions to Michael Feller (ph. 604-270-4050, email - [feller@interchg.ubc.ca](mailto:feller@interchg.ubc.ca)).

**Editorial policy** - All submitted written material relevant to the B.C. Mountaineering Club will be published unless the club executive decides otherwise. Submitted material may be edited for clarity or brevity, or for consistency with club policies.

**Opinions and comments expressed in this newsletter are not necessarily those of the B.C. Mountaineering Club.**

## Scheduled trips

Participation on club trips is open to any person with adequate skills and experience, subject to the approval of the trip organizer. All non-member participants must sign a disclosure and waiver form relieving the club and all other participants on the trip from any liability. A trip organizer is not a certified guide. The function of the organizer is to organize the trip, ensure that it gets underway, know the access to the area, and know a route or routes on the climb.

It is expected that each person on a club trip has the necessary skills, experience, fitness, and equipment. The organizer may specify certain equipment mandatory for participation in a trip. Any person who attempts to participate in a club trip without such mandatory equipment, may be requested to withdraw from the trip. Each person on a club trip is responsible for his or her own safety and for checking the equipment used. Please be considerate and call the trip organizer more than 1 day prior to the trip.

If you are given a ride, please remember to pay the driver your portion of the car costs. If you decide not to go on a trip for which you have previously registered, please be courteous and inform the trip organizer.

## Trip Schedule

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### January

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<b>5: Howe Sound Crest</b>	<b>B-C3</b>
Monika Bittel	604-983-3097
Skiing above Howe Sound.	
<b>12: Cypress Pk.</b>	<b>C3/2083 m</b>
Peter Gumlplinger	604-733-8264
Somewhat extended skiing on the Squamish-Cheakamus divide.	
<b>12-13: The Rambles (ice)</b>	<b>B5</b>
Justin Bennett	604-813-4666
Ice climbing in the Duffey Lake area.	
<b>14: Zoa Pk.</b>	<b>B2/1872 m</b>
Carol MacMillan	604-879-2947
Skiing in the Coquihalla area.	
<b>19: Harvey basin</b>	<b>B2-3</b>
Daniel Carey	604-731-4048
Skiing below Mt. Harvey above Howe Sound.	
<b>19: The Flatiron and Two Bears Mtn.</b>	<b>B3/1898 m</b>
Jos van der Burg	1-604-824-5676
Skiing in the Coquihalla area.	
<b>19-20: Mt. Jimmy Jimmy</b>	<b>B3/2208 m</b>
Ron Groom	604-469-2092
Skiing in the Ashlu valley, NW of Squamish.	
<b>26: Widgeon Pk. (snowshoe)</b>	<b>C3/1436 m</b>
Alistair Ferries	604-329-1637
Snowshoeing north of Coquitlam. Canoe or kayak needed.	
<b>26-27: Mt. Duke</b>	<b>B3/2379 m</b>
Darlene Anderson	604-789-8020
Skiing south of the Duffey Lake road.	

**27: Zopkios Ridge** **B2**  
Evelyn Feller  
Skiing in the Coquihalla area.

### February

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<b>2-3: Marriott Basin</b>	<b>B2-3</b>
Justin Bennett	email via website
Skiing north of the Duffey Lake road.	
<b>9: Needle Pk.</b>	<b>B2(3)/2090 m</b>
Randy Enomoto	604-224-6184
Skiing in the Coquihalla area.	
<b>9: Flora Pk.</b>	<b>B3/1952 m</b>
Denis Lalonde	1-604-793-9675
Skiing near Chilliwack Lake in the Chilliwack valley.	
<b>9-10: North Joffre Ck.</b>	<b>C3</b>
David Hughes	604-980-6484
Skiing north of the Duffey Lake road. A dog-friendly trip.	
<b>10: Zoa Pk.</b>	<b>B2/1872 m</b>
Brian Gavin	604-929-0675
Skiing in the Coquihalla area.	
<b>10-12: Snowspider Mtn.</b>	<b>B3/2494 m</b>
Blair Mitten	604-922-0470
Skiing east of Lillooet Lake.	

## Introduction to Backcountry Skiing Program

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**Program Objectives:** To develop the skills, knowledge, and confidence required to safely participate in overnight backcountry ski trips. The program will include 1 evening seminar and 2 weekends spent on overnight ski trips in the mountains. The seminar will be held on the evening of January 17 and the program will run on the weekends of February 2&3 and 9&10.

**Program topics:** Clothing and equipment, trip planning, winter camping, route and snowpack evaluation, avalanche safety, transceiver use and self-rescue, winter mountain travel and weather evaluation.

This program does not cover glacier travel or first aid.

Cost for the program is **\$250**.

**For whom:** Strong downhill skiers with previous summer or winter backcountry camping experience, and/or: experienced backcountry day skiers who want to gain experience on overnight winter trips.

**Prerequisites:** Open to all BCMC members (new and current) in good physical health and fitness who are able to confidently ski ungroomed "blue" (intermediate) runs with an overnight (20kg) pack.

**Note that this is not a program on how to ski!**  
**The entire group will be relying on you to be at least a confident intermediate skier! If the**

organizer determines after the first weekend trip that your skiing ability is not adequate, you will be asked to withdraw from the program before the second weekend trip, and there will be no refund of your program fee.

**Equipment Required:** Backcountry ski equipment (skis, boots, poles & skins), shovel, avalanche

transceiver, and overnight camping gear. Group gear such as tents and stoves will be organized at the pre-trip evening seminar.

For further information check the "Programs and Camps" section on the BCMC Web Site: [www.bcmc.ca](http://www.bcmc.ca)

For more information and to book one of the twelve available spots, please call Todd Ponzini at 604-408-9617.

## Membership

### New members

The club welcomes the following new associate members:

Neil Berman, Alan Brelsford, Ann Marie Craig, Yvonne de Boer, Henry De Jong, Chad Hooper,

Arle Krauchek, Mandy Maciver, Lisa Malin, Kerwin Martillano, Grant McCormack, Kim Nikolajsen, Sean Pickersgill, Helene Rosser, Arman Sharif, Kristian Sigurdson, Aaron Snider, Graham Sumner, Natasha Suvorova, Gloria Zhang.

### In memoriam - Pauline Woodward

Long-time club members will remember Pauline Woodward, who was active in the BCMC in the 1960s. Pauline was born in Victoria in 1914. For many years she worked as a book-keeper before opening her own bookstore in the late 1950s or early 1960s. Pauline's Books on Denman Street was for many years the only decent bookstore in Vancouver's West End. She loved books, and she loved selling them.

After her retirement, Pauline travelled widely. She had a particular fondness for China, Tibet and India. Her apartment was furnished with books, art, antiques and curiosities, many of which she had acquired on her travels. She continued to travel well into her 80s.

Pauline joined the BCMC in 1959 and went on many club hikes in the 1960s, including at least one summer camp. She was active on the Social Committee for several years during that period, and chaired the committee in 1961. She was also a member of the Vancouver Natural History Society.

Pauline had a no-nonsense approach to people and life; she didn't suffer fools gladly. But she had a sharp, quick sense of humour, and I remember that, at the 1960 Lake O'Hara summer camp, she was unfailingly kind to two very junior members of the club. Pauline died in Vancouver on July 28, 2007, a few days before her 93rd birthday.

Glenn Woodsworth

### In memoriam - Bert Brink

Bert recently passed away at the age of 95. He was born in Alberta and eventually became a professor in Plant Science at UBC. He was a well known and respected ecologist, noted for his botanical, geological, and ecological expertise. During World War II he served in the Officer Training Corps as an instructor with the Mountain Infantry, assisted by his mountaineering skills. During a climb he sustained an injury to his pelvis and hip which affected him throughout his later life. But he kept climbing. Although he was never a member of the BCMC, he climbed with club members on a number of trips, and was a distinguished guest at the club's 1956 summer camp in Garibaldi Park, where he also lead climbs.

Always an ardent conservationist, he was president of the Vancouver Natural History Society in the early 1950's and in 1963 he founded its Conservation Committee. He played a major role in the founding of the Federation of BC Naturalists in 1969, and was one of the first voices to call for protection of the southern Chilcotin area. He was also instrumental in the establishment of Pacific Spirit Park near UBC. For his academic achievements and his continual efforts to combine science and a deep respect for the natural world to achieve sustainable use of our renewable resources, he was given many

awards, including a Doctor of Science by UBC, the Order of B.C., and the Order of Canada. He was an amazing person, both physically and mentally active to the end. In his last years he still worked actively for environmental NGOs and, upon being given a copy of our 2004 BC Mountaineer with its articles on the southern Chilcotin even while in palliative care, he vividly recalled some of his pleasant experiences in the area.

No, he was not a club member, but he was a nature-respecting mountain climber to whom fellow mountain- and nature- lovers are indebted for his tireless work to protect opportunities for their experiences.

Michael Feller

## More Reports from the 2007 Annual General Meeting

### TREASURER'S COMMENTS by Todd Ponzini

As far as accounting goes, it doesn't get much more exciting than handling everything that was going on during our Centennial year. As you may know, the Club has different funds to keep the finances orderly, and our centennial fund had lots of activity with sales of stamps, calendars, bandanas, crests, and donations by members. We finished paying for the Club's centennial video from our video fund, and after all the gracious donations the Club will end up funding approximately \$18,000 toward the video's total cost of \$41,000.

In our general fund, we had the second highest membership revenue ever! Great job by everyone in the club to renew their memberships and help recruit new members! Our expenses were kept

within budget and the general fund had a healthy amount of income, which was used to fund the centennial activities and the centennial video.

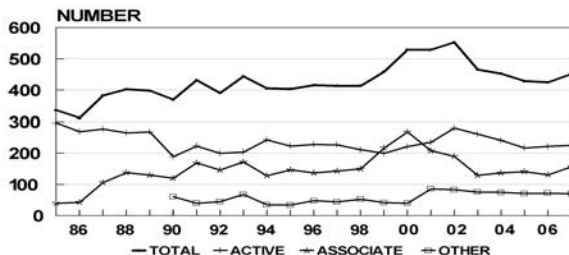
We have continued to earn significant revenue from our summer and winter instructional programs. These programs are very popular, and this revenue is very important to the Club. In addition, the Club gains many new members each year from participants in these programs. Many thanks to all the volunteers who make these programs possible.

As I hand the treasurer's duties over to the capable hands of Craig Kalnin, I'd like to thank the membership for writing their renewal cheques on a timely basis, for bringing new members into the club and for enduring my boring accounting presentations at the socials.

### MEMBERSHIP REPORT - by Derrick Johnstone and Paul Hawman.

Membership has increased from the last couple of years up to 452, mainly due to an increase in associate members (see the figure below).

**BCMC MEMBERSHIP**



### EDITOR'S REPORT - by Michael Feller

We again produced 10 issues of the newsletter, which contained a total of 128 pages - the most since 1994. This was primarily due to an increase in feature articles (climate change), club news, and particularly, trip reports. The 39.5 pages was the most space the club has ever devoted to trip reports in one year. All contributors to the newsletter must be thanked, particularly Ron Dart, Alistair Ferries, Anders Ourom, Todd Ponzini, Karl Ricker, Dave Scanlon, Greg Stoltmann, Jos van der Burg, and Jane Weller. Thanks are again due to Susan Rootman for typing and Evelyn Feller for assistance in stuffing newsletters into envelopes, and to Kit Griffin for printing the envelopes for stuffing.

In addition to newsletters, your editor has also worked on the following during the year:

- The 2006 BC Mountaineer, which was finally produced at the beginning of this fiscal year,
- A centennial journal, which was begun - it will be out this winter and will be in excess of 350 pages long. Articles for this were chosen with the assistance of a committee comprised of Evelyn Feller, Esther Kafer, Hugh Kellas, Alice Purdey, and Brian Wood.
- The second volume of the index to club publications, covering the period 1970 - 1990,

which was finally produced.

- A large number of recent donations to the club library, which were sorted out and catalogued by Marilyn Dutton and Mary Macaree.
- heavy involvement with accumulating centennial material for the club archives, and providing material from the archives to people for the club centennial video and display in the North Vancouver museum.

#### Newsletter Total Number of pages (%)

	2006/07	2005/06	2004/05	2003/04	2002/03	2001/02	2000/01	1999/00	1998/99
Trip ads	8 (6)	14 (13)	7.5 (7)	9 (8)	10.5 (10)	10.5 (9)	11.5 (10)	15 (14)	11.5 (10)
Trip reports	39.5 (31)	26.5 (24)	30 (29)	28.5 (26)	30 (28)	22 (19)	30.5 (27)	28.5 (28)	24 (10)
Club news	51.5 (40)	42 (38)	47 (46)	46 (43)	43 (40)	43.5 (38)	40 (36)	26 (25)	41 (34)
Other news	21 (16)	16 (14)	17.5 (17)	17 (16)	12 (11)	24.5 (21)	24 (22)	28.5 (28)	39 (33)
Features	4.5 (4)	0 (0)	0 (0)	0 (0)	11.5 (11)	11 (9)	0 (0)	3.5 (3)	0 (0)
Equipment/ Technique	1 (1)	0 (0)	0 (0)	5 (5)	0 (0)	0 (0)	0.5 (0)	2 (2)	4 (3)
Letters/Reports	0 (0)	7 (6)	0.5 (0)	0 (0)	0 (0)	3.5 (3)	5.5 (5)	0 (0)	0.5 (0)
Book reviews	2 (2)	1.5 (1)	0.5 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
Ads	0.5 (0)	4.5 (4)	1(1)	2.5 (2)	0 (0)	1 (1)	0 (0)	0 (0)	0 (0)
<b>Total no. of pages</b>	<b>128</b>	<b>112</b>	<b>104</b>	<b>108</b>	<b>108</b>	<b>116</b>	<b>112</b>	<b>103.5</b>	<b>120</b>

## BCMC News

**BCMC 2008 Calendars** - These feature pictures of club centennial activities and are our best yet, in your editor's opinion. Calendars cost \$12 each to club members, \$15 to non-club members. They are available at club social evenings or from Donna Scanlon (604-572-5051) or Alice Purdey (604-293-2951).

### Results of Petition for Non-motorized recreation areas

Attempts by a small group of snowmobilers to get the government to alter the Sea-to-Sky winter and summer backcountry recreation forum sharing accords, necessitated demonstrating to the government that many non-motorized backcountry recreationists support the accord. Monika Bittel, Recreation and Conservation Committee Chair, developed a petition to be signed by non-motorized recreationists. She reports -

"We collected **1,270 signatures** between November 13 and December 1, 2007. This includes 919 electronic signatures and 351

hardcopy signatures. The first batch of signatures (1,094) was delivered to government on November 21, with the second batch (176) delivered in the first week of December. The fact that we were able to collect so many signatures in a relative short time period demonstrated the strong and overwhelming support in the non-motorized community for the Winter and Summer Sharing Accords, which designate areas for non-motorized recreation in the Sea-to-Sky corridor. I want to express my thanks to Kevin Swanson, our webmaster, who got the electronic petition up and running in a very short time frame and to everyone for signing and circulating the petition. The support received confirms that our efforts in this regard are not in wasted.

The petition has attracted attention in government, but the battle is not yet won. Government is considering options and we anticipate developments early in the New Year. We are arranging meetings with the MLA for the Sea-to-Sky corridor, the government planners and others. Stay tuned. Depending on how

government decides to proceed, there may be a call out for further action by members to let government know that zoning for non-motorized recreation is needed and desirable. In the meantime, make a point of getting out and

recreating (non-motorized of course!) in the backcountry, especially to Mt. Sproatt and to the Phelix Creek area. If you use a hut or are in the vicinity of a hut, sign the hut log book and encourage others to do the same. It is one way to track how many people are using an area.”

## News

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### Carbon Monoxide Kills

The following is a brief summary of the article *Death on the Wapta* by Geoff Power. It appeared in [Explore](#) magazine in June 2007.

On January 4<sup>th</sup>, 2007, Claire Dixon and Cornelius (Kees) Brenninkmeyer left the Stanley Mitchell Hut in Little Yoho Valley and headed to the Bow Hut, 20 km distant and 1500m higher. Skilled and cautious mountaineers, they were well prepared for the two-day ski trip through deep snow and threatening weather. But they didn't make it. Kees's recovered diary tells something of their final day, that they'd made good time initially, but then were slowed dramatically as they approached the upper headwall of the Des Poilus Glacier in a serious whiteout. At 4:30, in whipping wind and with no slopes in which to dig a conventional snowcave, they excavated a "trench cave" on the Collie Plateau.

In keeping with the standard guidelines, they dug a slot in the snow, widened out two sleeping platforms below the surface, then covered the entrance, perhaps with blocks of snow, but definitely with a light tarp weighted down with their skis. Then they slipped below ground to melt snow, cook their meal and spend a comfortable night safe from the storm. Photographs they took of each other show their interior arrangements and their little stove. It's almost certain that it was only a matter of hours – if that – before they were dead.

Their killer was carbon monoxide. Claire and Kees had cooked in an enclosed space; the buildup of carbon monoxide created by the incomplete combustion of stove fuel poisoned the air in a tight space which would have been impossible to vent adequately. Their snow roof might have collapsed as well

Marc Ledwidge, one of the chief public safety specialists with the Parks Canada warden's service in Banff, said: "These people were safe and did everything by the book. But, maybe the book is wrong." There is inadequate information

in mountaineering literature about the dangers of carbon monoxide poisoning from stoves in poorly ventilated conditions – if the issue is mentioned at all. And evidence shows that carbon monoxide is one of the most consistent killers of people in the outdoors. Few people really appreciate the danger, or they take a chance anyway, denying the danger in preference to cooking outside in howling, deep-freeze weather.

### Cell phones and avalanche transceivers – potentially lethal

Dave Scanlon drew our attention to another important note in [beaconreviews.com](#), concerning the problems of locating buried people when cell phones are on. According to this note –

"The search facility of ARVA 9000 and also the Ortovox M1 can be affected by cell (mobile) phones that are not turned off. It would also seem that there is some affect on analogue transceivers. It is recommended that all mobile phones are switched off when a search is made and it is advisable to turn off all mobiles while carrying an avalanche transceiver.

In one instance, it was reported that transceivers with a phone next to them could be found only slowly and only with an analog Ortovox and Pieps, but not at all with an Arva 9000 and Baryvox (digital). If the searcher carried a phone switched on but not ringing nothing could be found with any type of transceiver. Ringing the phone or texting just sent everything haywire!

In another instance an ARVA 9000 avalanche transceiver indicated a direction and distance that were completely incorrect - 50 meters away from where a person was buried. He was later found with a classic analogue ARVA but too late. Inquiries revealed that the searcher's portable phone was turned on."

The moral – **turn all cell phones off when skiing in avalanche terrain.**

## **Arc'teryx gear raffle winners**

At the December social, the lucky winners of the packs were - Dan Carey, Peter Gibson, David Hughes, Alyssa Berry, and Chong Ong.

The lucky winners of the parkas were - David

Scanlon, Kent Alekson, Rafael Tsen, and Alena Djukova.

The proceeds from the raffle will be put towards paying for the centennial video.

## **Companies worth supporting**

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### **1. Baully Specialty Foods offers BCMC members a 30% discount.**

This year's club expedition to Mt. Fairweather obtained freeze-dried food supplies from a Canadian company - Baully Specialty Foods. This freeze-dried food was generally considered excellent. The company is now offering BCMC members on an expedition a 30% discount on purchases. Their products are not available in stores but are available through their website ([www.baully.com](http://www.baully.com)) where further details about their products can be obtained.

### **2. Patagonia: an environmental leader**

An article published in the most recent edition of "Sierra Report" the newsletter of the B.C. Chapter of the Sierra Club of Canada, and reprinted with the kind permission of the Sierra Club's BC chapter, stated the following:

Patagonia was the first retailer to make fleece from recycled soft drink bottles. It was the first major company to sell only organic cotton clothing, and the first to pledge one percent of its annual sales to grassroots environmental organizations like the Sierra Club.

Patagonia founder Yvon Chouinard, a maverick boss who encourages employees to go surfing and skiing whenever the wind blows and the snow flies, has proven that his outdoor apparel manufacturing company can prosper without compromising the environment. Other clothing companies brag about overnight delivery service; Patagonia admonishes mail-order customers to seriously consider whether they really need that pair of pants sent overnight.

When Chouinard learned of the distressing ecological impact of cotton growing, he gave Patagonia managers 18 months to switch to organic cotton. It seemed like a daft business move; organic cotton cost 50 to 100 percent more. Yet the eco-friendly gamble paid off. Patagonia cotton sales rose by 25 percent, an astonishing

increase noted by corporate giants like Wal-Mart, who soon began to sell organic cotton themselves. Chouinard, in addition to ensuring that manufacturing his clothing lines would "cause no harm", has other criteria for Patagonia wear: "You should be able to wash travel clothes in a sink or a cooking pot, then hang them out to dry in a hut and still look decent for the plane ride home."

### **3. Canada West Mountain School**

If you could not make a BCMC mountaineering course, you should consider Canada West Mountain School, which offers 10% discounts to club members on their scheduled programs, up to a maximum of \$50, off per course.

They also offer discounts on custom programs - If a group of members organizes a private course or trip, they typically offer even better discounts. As an example, their Basic 2-day Avalanche Skills training (AST-1) is offered to clubs at \$135 per member if a group books a Custom course.

They can be contacted at -

[www.themountainschool.com/](http://www.themountainschool.com/)

ph: Vancouver 604-878-7007, Squamish 604-815-3451, Toll free in North America 1-888-892-2266

Fax: 604-876-7047.

### **4. American Alpine Journal**

Your editor has always had positive experiences with this journal and its editors, and has strived to model BCMC publications on the AAJ. The AAJ is currently seeking articles on new climbs. Don't forget your BC Mountaineer, however.

The American Alpine Journal tries to be the world's "journal of record" for documenting significant new climbs. They seek reports on all NEW long routes worldwide. ("Long" means a full day or more on the climb itself.) They normally do not publish repeat ascents unless there is important new information to report. Published

photographers will receive a copy of the AAJ 2008 next summer. And all contributors can view the latest AAJ online. This is a privilege normally reserved for AAC members only. Everyone can view past issues online at [www.AmericanAlpineClub.org/AAJ](http://www.AmericanAlpineClub.org/AAJ), but only AAJ contributors and AAC members can view the latest edition.

Complete publishing guidelines are at [www.AmericanAlpineClub.org/AAJ](http://www.AmericanAlpineClub.org/AAJ), or you can obtain them from the editors. Please

correspond with the appropriate editor for the location of your climb:

- Kelly Cordes (climbs in North and South America): [kellyyaj@yahoo.com](mailto:kellyyaj@yahoo.com)
- John Harlin (Greenland, Antarctica, Asia, Africa): [john@johnharlin.net](mailto:john@johnharlin.net)
- Dougald MacDonald (feature stories): [dougald5@comcast.net](mailto:dougald5@comcast.net)
- Lindsay Griffin is working with them as a consultant: [mountaininfo@onetel.net](mailto:mountaininfo@onetel.net)

## To avoid conflicts with heliskiers

There are 2 major heliskiing companies operating in the Squamish-Pemberton region – Whistler Heli-Skiing, and Coast Range Heliskiing. Both companies have stated that they will try to avoid backcountry ski/snowshoe parties if they are informed sufficiently far in advance (i.e. not the day before) by a party intending to visit their tenure area.

Since nearly all our south coast mountains have been given to heliskiers it is worthwhile taking up the offers of the heliski companies to try and avoid us.

The procedure –

1. Determine if your trip will be in a heliski area. To do this, inspect the maps on this and the next page.

2. If you will be in a heliski tenure area, contact the company as far in advance as possible, giving them details of your trip – your destination, route, date of trip, contact name, phone, address, etc.

The companies can be contacted as follows:

Whistler Heli-Skiing

Ph 1-888-435-4754

Fax 1-604-938-1225

Email [heliski@direct.ca](mailto:heliski@direct.ca)



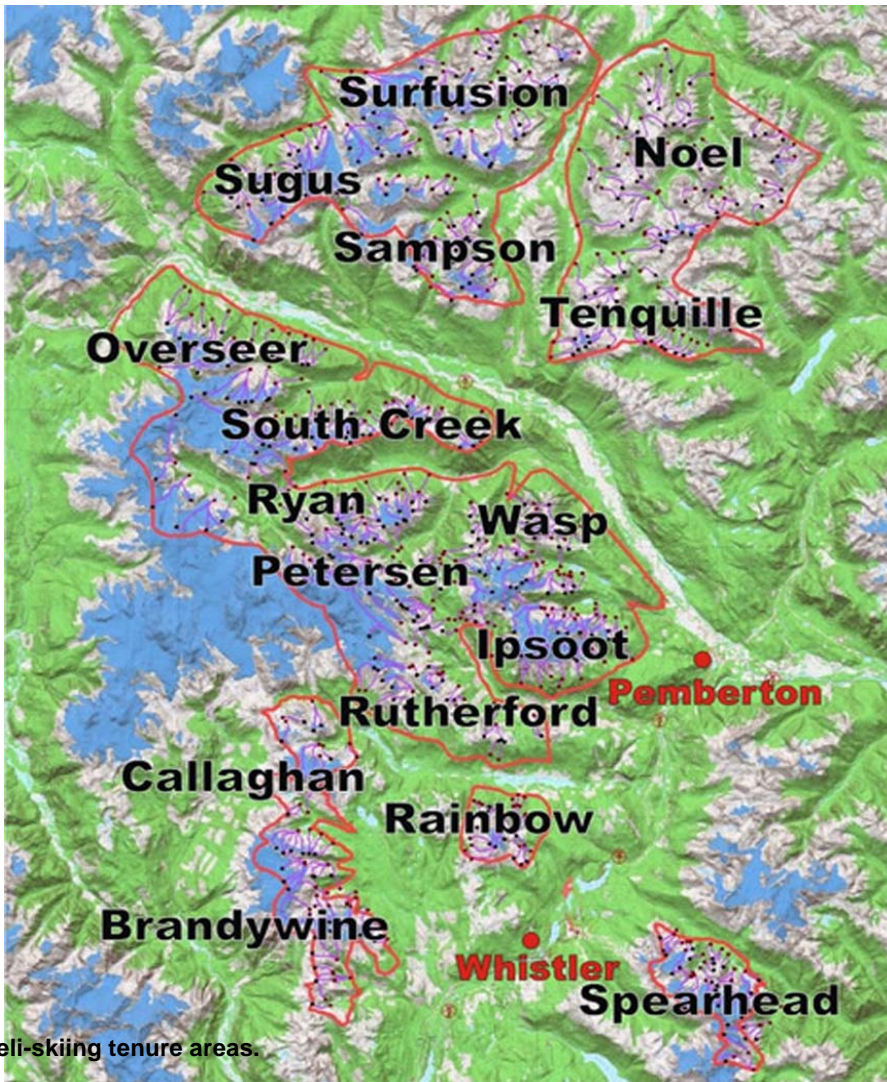
**Coast Range Heliskiing tenure areas.**

Coast Range Heliskiing

Ph 1-800-701-8744

Fax 1-604-894-1146

Email [info@coastrangeheliskiing.com](mailto:info@coastrangeheliskiing.com)



Whistler Heli-skiing tenure areas.

## Wilderness First Aid course for club members - February 15-17

Alena Djukova has organized 2 Wilderness First Aid courses to be run by St. John's Ambulance. The course in January is full, but another will be run on 15-17 February.

The schedule will be as follows:

Feb 15, Fri – 5:30-10pm (St John's Ambulance office bldg, North Vancouver)

Feb 16-17 Sat-Sun 8am - 5pm (Lighthouse Park, West Vancouver)

The cost is \$233.20, which includes study

material. The course will focus on injuries most commonly associated with our activities, such as broken bones, cuts and lacerations, head injuries, unconsciousness, shock, hypothermia, resuscitation....

Upon the completion of the course you will be issued a certificate valid for 3 yrs.

For further information and to register, contact Alena at [alena@tamtamy.sk](mailto:alena@tamtamy.sk) or by phone 604-708 5385 (after 9pm).

## Trip Reports

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### **Siwash Rock Solo Climb, 1950**

During Brian's early days in climbing he attempted to climb Siwash Rock long before the Parks Board restricted this activity due to the frequency of accidents which had occurred as a result of beginning climber's attempts.

Climbing alone, Brian succeeded in making it up the almost vertical side of the rock next to the shore of Stanley Park. At the top of this part there was a short 45 degree slope leading to the top where there was a 3-4 m tall tree growing.

After enjoying the view he started down with no hesitation but when he came to the juncture of the 45 degree slope and the vertical part he was unable to find a footing and deciding to go back up and dive off the seaward side. He was fortunate enough to dive and miss the surrounding shallow shelf rocks.

He then swam back around to the shore side, climbed back up to the top a second time while inspecting the connecting area for possible footing.

On attempting to descend a second time, he was still unable to locate a suitable footing. This left him with the diving alternative for a second time. After five more attempts, each ending with a dive and swim, he finally found the essential footing and successfully climbed down.

On subsequent occasions he was able to assist several other acquaintances who found it quite easy to complete the climb and descend without the diving and swimming.

Reporter: Brian Creer

### **Mt. Garibaldi Centennial Climb – 30 June to 2 July, 2007**

On August 12, 1907, the first ascent of Mt. Garibaldi was completed by A. Dalton, W. Dalton, A. King, T. Pattison, J. Trorey and G. Warren. They had boarded a steamship to Squamish (known as Newport in those days), hiked into the Squamish Valley and followed the Cheekye River towards Garibaldi. They bushwhacked straight up to Brohm Ridge, and climbed the summit from the north. Their trip took 8 days in total, and they endured the usual coastal challenges of bush and bad weather. Dalton Dome, Atwell Peak, Mt. Pattison, Mt. Trorey and the Warren Glacier are all features in modern day Garibaldi Park that were named after these early climbers.

Their ascent was a milestone for mountaineering in British Columbia. Garibaldi, which at the time was thought to be 10,000 feet high, was one of the first significant high summits climbed near Vancouver, and the ascent opened local climbers' eyes to the possibilities of climbing the other big peaks in the Coast Mountains.

As part of the Club's centennial celebrations, Dave Scanlon came up with the idea that it would be fun to recreate the 100<sup>th</sup> anniversary of this historic climb. I agreed, and decided to organize a climb of Garibaldi using clothing typical of mountaineers in 1907 to recreate the style of the first ascent.

Despite the pessimistic forecast, the weather was fine for the entire Canada Day long weekend, and there were 21 participants on the trip, of whom 15 made the summit. We hiked in to Elfin Lakes on Saturday, made camp, and left early Sunday morning for the summit. As described by the first ascensionists, Garibaldi appeared as "some terrible monarch of the skies, not to be approached by man" as we hiked up the Névé. However, it was an easy climb, and we gained the summit via the Warren Glacier, which was the same route used on the first ascent. We spent over an hour on top taking pictures, reading scripture, and recreating photos of the first ascent. On Monday, we had a leisurely hike out the Elfin Lakes trail back to the horseless carriages.

I was able to use the same ice axe that was carried on the first ascent in 1907 by Mr. J. Trorey. It's about 110 cm long, has a steel head and a wooden shaft, and was made in Switzerland. Although it's very heavy by today's standards, it worked fine for climbing and got me up and down the peak safely. There were several other people who used vintage gear, and we all had fun dressing up in the old style clothing.

Overall, the trip was a great success. Look for a more complete trip report in the Club's Centennial Journal, written in the style of mountain writing that was popular 100 years ago.

Todd Ponzini (Reporter).

### **Mt. Larrabee, 14 July, 2007**

We left Burnaby at about 6:30 and headed to the Sumas border crossing. We started hiking about 10 am after a bit of excitement punching two vehicles through a small snow barrier. Being able to drive to the top of the road certainly made

for a more leisurely day, as it eliminated 4.3 km of steep road.

It turned out that the trail was probably the more technical part of the outing as there were numerous snow patches along the way that covered steep ground. The trail to the base of Mt. Larrabee traverses across some pretty steep terrain, which makes for an interesting hike in. We noticed an attractive spire-like peak on the hike in. This was probably Pocket Peak, or possibly North Big Bosom Buttes or Rapid Peak. One thing that is nice on a trip led by Peter is that there are no lengthy discussions about whether or not we should do something. At 11:30 Peter announced we would stop at the top of the approach ridge and have lunch. Once we got there he announced we would stop for about 20 minutes and then continue on. Lunch finished, we traversed across the basin that led to the south side of Mt. Larrabee. We continued carefully up through a steep gully system. To prevent loose rocks from injuring someone we kept close together during this part of the ascent.

We made it to the top at 2 pm, so it took us less than 4 hours of travelling time. Mt. Larrabee is a loose pile of rocks that makes for a more pleasant outing with snow around, as you get some variety in the type of terrain you travel over.

After a leisurely half hour or so sunning on the top we made our way down the mountain. When we got to Low Pass we took a break as we had lots of time because we had been able to drive all the way to Twin Lakes. This turned out to be a very good decision, from a wildlife spotting perspective. As we were sitting there someone spotted a goat high up on the ridge coming off Winchester Mountain. It turned out this goat wanted to head towards Low Pass and continue down into our descent basin. Consequently, we had the pleasure of watching the goat descend the ridge, doing climbing moves, as if he were merely walking a sidewalk. Many of us would not even consider climbing his descent route. (Peter was convinced it was a male goat). As he walked past us on the snow he was a bit hesitant and would stop frequently to see if we were going to move. Once the goat had walked into our descent basin we got up and followed suit.

We arrived back at the cars at about 6 pm then finished the day with some good food at Graham's Pub.

Participants: Peter Gumplinger (Organizer), Shirley Rempel, Kurt Werby, Serguei Okountsev, Avi Barzelai, Steve Sheffield, Gordon Esplin, Dave Henwood and Darlene Anderson (Reporter).



**Ascending Mt. Larrabee (top 2 photos by S. Okountsev) and on the summit (bottom photo by G. Esplin).**